



AWADH RADIANCE 2021

ACE

Accredited by NAAC, Recognized by NCTE, Affiliated to GGSIPU and SCERT, Delhi

Education Guide

Catherine Pulsifer

“Hope is the one thing that sometimes keeps us going”



ACE

AWADH RADIANCE

2021

ANNUAL MAGAZINE 15th ISSUE

PATRON

Naushad Khalid

ACE LEADERS

Khalid Hashmi
Dr. Mandira Gupta
Dr. Tanvir Ikram
Rizwan Ahmad

EDITORIAL TEAM

Anshu Rastogi
Dr. Mandira Gupta
Shailja Gupta
Sapna Rani

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AWADH PUBLIC CHARITABLE TRUST

AWADH BHAWAN, FC-31, SEIKH SARAI INSTITUTIONAL AREA
PHASE-II, PRESS ENCLAVE ROAD, NEW DELHI-110017

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Our Philosophy

The best form of human empowerment is education and with this vision, ACE thrives on the philosophy of imparting Millennium Developmental Goals, encompassing spiritual awakening, physical conditioning and psychological transformation. The centre is committed to provide quality education to all, with the mission to uplift socially backward and minority community with special emphasis on the educational empowerment of the girls. The key areas for thrust is on strengthening the capacity of its individuals, providing skills based education, gender equality, building information, awareness, knowledge and sharing the attitudes and behavior, so that the individuals may eventually become more capable and respectable citizens. Here at ACE we believe in bringing excellence in all our endeavours and to go extra mile to do what is right.

The centre's vision and mission provide the student community with a unifying sense of purpose and direction of, education for life and livelihood.

Institute of Vocational Studies

From the Principal's Desk



“Success is not final, failure is not fatal.....It is the courage to continue that counts”
-Winston Churchill

With an immense pleasure I would like to unfold 15th issue of our Annual Magazine **“Awadh Radiance”** A thought that has been enduring in mind when it becomes real; is truly an interesting and exciting experience. The aim of releasing this magazine is to come up with a snapshot of the various activities and variety of content contributed by Awadh family. I feel privileged and proud to share a compendium of tireless efforts of colleagues and astonishing performances of students.

I strongly believe that education is a collaborative effort that involves professional administrators, committed teachers and motivated students. We dedicate ourselves as professional administrator in creating a dynamic educational programme empowering the students in a global perspective. As you all know how the COVID-19 crisis is affecting our work but the efforts of all have helped us to continue our service during these trying days.

Present magazine is a gleam of hidden potential of students and contribution and dedication of Management. Here I would like to express my deep gratitude to Mr. Naushad Khalid, our Managing Trustee, Mr. Khalid Hashmi, Director, ACE and Mr. Rizwan Ahmad for giving me this opportunity. I want to thank our dedicated Editorial Team, Teaching Staff and Non Teaching Staff who are working harder than ever to provide the best. I believe the bulletin in your hand would confer a perfect highlight of literary and artistic segments of the Awadh family.

Dr. Mandira Gupta
Principal & Chief Editor

Deputy Chief Editor's Message (B.Ed)



Infinity is just the beginning

I take immense pleasure unveiling before you the 15th edition of our Annual Magazine “Awadh Radiance”. Nurturing creativity and inspiring innovation are two of the key elements of a successful education, and a college magazine is the perfect amalgamation of both. This issue of “Awadh Radiance” brings to you some exceptional articles. Please flip through and take a look at some great things both inside and outside the classroom. It harnesses the creative energies of the academic community and distills the essence of their inspired imagination in the most brilliant way possible.

I am extremely grateful to the Management, Principal, Dr. Mandira Gupta and Teaching Staff, who have always encouraged us by providing their invaluable suggestions. Also I would like to express my profound sense of gratitude to our Editorial Team, Students and Non-Teaching staff.

And for the closing, I, for one, think that we have done a good job in making something you can cherish, something you can respect, so dive into the world of “Awadh Radiance”.

Happy Reading!

Ms. Shailja Gupta
Deputy Chief Editor's Message (B.Ed)

उप मुख्य संपादक (डी.ई.एल. ईडी)



"हर कार्य की शुरुआत इंसान को डराती है किंतु सफलता मुश्किलों के पार ही नज़र आती है।"

सम्पादकीय बोर्ड की तरफ से हमारे संस्थान की वार्षिक पत्रिका के नवीनतम अंक को प्रस्तुत करने में मुझे बहुत खुशी हो रही है। यह हमारे विभाग के लिए एक खुशी का क्षण है। मैं अपने विवेकशील पाठकों से पिछले अंकों के लिए मिली प्रशंसा के लिए आभार व्यक्त करती हूँ। वार्षिक पत्रिका "ग्रेट रिअलाइजेशन और लॉकडाउन लिबरेशन" के संस्करण वर्ष 2020-21 के माध्यम से छात्रों की योग्यताओं को सफलतापूर्वक उजागर किया गया है। इस अथक प्रयास का सबसे महत्वपूर्ण पहलू यह है कि यह महामारी कोविड-19 पर छात्रों के विभिन्न अदभुत और विश्लेषणात्मक कौशल को सामने लाता है। ज्ञान का सार रचनात्मक सोच, अभिव्यक्ति और प्रयोग की भावना में निहित है। इस संबंध में कॉलेज पत्रिका ने छात्रों के लिए एक मंच के रूप में महत्वपूर्ण भूमिका निभाई है। यह पत्रिका वास्तव में एक अनमोल दस्तावेज है जो हमारे प्रतिभाशाली छात्रों के शब्दों, सोच और दृष्टि को संरक्षित करती है और उन्हें उच्च आकांक्षाओं के लिए प्रेरित करती है।

कोविड-19 को ध्यान में रखते हुए, यह पत्रिका हमारे छात्रों को जीवन के सभी क्षेत्रों में समय रूप से विकसित करने के लिए प्रेरित करती है। इसमें परिवर्तन की नई समस्याओं को सकारात्मकता और अनुकरणीय माध्यम जैसे- लेख, विचारों, कविताओं और पोस्टरों के रूप में छात्रों ने अपनी सोच को प्रस्तुत किया है। पहले दिन से ही छात्रों के बीच एकेडमिक उत्कृष्टता के साथ-साथ समय विकास को लागू करने का हमारा निरंतर प्रयास है। पत्रिका हमारे स्वतंत्र विचारों व सपनों को साकार करने के लिए प्रोत्साहित करती है।

मैं हमारी सम्मानित प्रिंसिपल डॉ. मंदिरा गुप्ता, फैकल्टी के सभी सदस्यव और पत्रिका से जुड़े सभी सदस्यों का दिल से आभार व्यक्त करती हूँ।

मैं भविष्य में इस तरह की पत्रिकाएँ जारी करने के लिए शुभकामनाएँ देती हूँ व पत्रिका की पूरी संपादकीय टीम को बधाई देती हूँ तथा उनके समर्पण की सराहना करती हूँ और ईमानदारी से चाहती हूँ कि यह पत्रिका आगे के वर्षों में छात्रों को प्रेरित करती रहे।

सपनारानी

उप मुख्य संपादक (डी.ई.एल. ईडी)

Message from the Chairman

Greetings from the Awadh Public Charitable Trust!

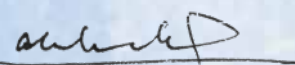
Over the last one year, the pandemic has affected everyone across the globe and has disrupted every aspect of our lives. I am aware that this difficult period has been particularly traumatic for the young by not only interrupting their academic pursuits but playing havoc with inter-personal relations, active sports and entertainment which are key to a healthy, vibrant society.

It is heartening to know that life is now slowly returning to normal. For all of us in the large family that comprises the APCT Society, this year's Foundation Day celebrations are of particular significance as they hopefully mark the joyful resumption of our academic and social life, as I believe that education is central to civilized life. The strength of the APCT Society is its emphasis on the education of the most vulnerable sections. We have reason to be proud of our contribution to the spread of education among the economically and socially disadvantaged, girls and minorities.

On this occasion, the IVS and Comm-IT Career Academy will be bringing out the 15th volume of the college annual magazine, "Awadh Radiance". The editorial board deserves fulsome praise for their efforts in designing this informative, eye-catching and brilliantly produced journal.

Given the enormous talent and commitment on display among the management, the teaching faculty and the students I foresee a great future for all the institution of the Trust.

Jai Hind!



Abdul Khaliq
Chairman

Message from Managing Trustee



CARRYING FORWARD THE LEGACY OF VALUE EDUCATION

It is a matter of great pleasure that the Awadh Public charitable Trust is celebrating its 'Foundation Day.'

On behalf of the Board of Trustees, I extend a very warm welcome to all of you at this annual celebrations.

On the occasion, first and foremost I pay my respectful tributes to Founder Chairman, (late) Al-Haaj Janab Shaukat Ali, the father figure of Awadh family - a true visionary and great leader. Shaukat Ali saheb's everlasting legacy of integrity, social harmony, inclusiveness equality of all is successfully being carried forward that has profoundly contributed to the institution in its endeavour of 'quality education'. His selfless dedication and aspiring guidance is always a source of strength to us. We will always cherish his memories.

I feel immensely delighted in presenting the 'Awadh Radiance' the college magazine, brought out by the dedicated editorial team of faculty & students. I appreciate the efforts of students, editorial board and all the faculty members. I also congratulate the management and staff for their consistent support, understanding and, co-operation in this endeavour.

I extend my warm welcome to the fresher aspiring to join our institutions. We assure that the management is committed to providing best of the facilities in terms of infrastructure and academic activities. It is a matter of great satisfaction and pride that the schedule of 'on-line' teaching arrangement under the guidance of senior faculty has been continuing successfully to the best satisfaction of the students despite the discomforts of the pandemic due to Covid-19. The Institute of Vocational Studies (IVS) and Comm-IT Career Academy (CCA) were set-up in 1998 under the aegis of Awadh Public Charitable Trust-Society. The Society came into being with a clear objective to teachers' training, IT and Vocational Education in accordance with the policies and guidance of the Government.

The IVS is a premier minority institution that has created a distinct niche in the field of teachers' education. The Trust institutions continue to cater not only the educational requirements of the economically weaker segments among the Minorities, but also across other weaker sections of other communities in the NCR and its adjoining areas.

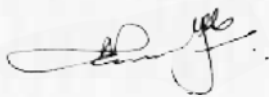
I feel happy to learn that the co-curricular activities of the institutions such as sports & games, adventure, cultural & social service activities dance and specially the YOGA are performed actively in the campus with able guidance of Mrs. Priyanka Gupta, Mrs. Neetu Sharma, Mrs. Sangeeta Kaushik with the active supervision of the learned sports teacher Ms. Nahid Raees. I extend my good wishes for their success.

I would like to take this opportunity to acknowledge the assistance, support and guidance extended by the GGSIP University, NCTE and departments concerned of the Government of NCT of Delhi.

The distinguished members of the Managing Committee and my colleagues on the Board of Trustees continue to be a source of inspiration, motivating us with their invaluable experience and expertise. Thank you for your support.

My heartfelt appreciation and acknowledgement for the dedicated efforts put in by all members of the Awadh Family. I also acknowledge the support of the finance division and administration. Thank you for contributing to the success of Awadh Group institutions.

God bless you all,



NAUSHAD KHALID
MANAGING TRUSTEE

Message from the Director



On the occasion of 'Awadh Day Celebration' it gives me immense pleasure to place before you the eleventh issue of 'AWADH RADIANCE'. We all are proud that Awadh Centre of Education (ACE) has enriched the lives of students and members who have been associated with us.

I do hope that all the awadh family members are safe and healthy and pray for the wellbeing of their family members. The only way to connect with each other during this pandemic is digital medium. The magazine will give one more platform to our students to express their thoughts and beliefs in the form of articles, poems, speeches, paintings etc and to share the academic work and co-curricular activities happening all year round with their peer groups and all the stakeholders associated.

Going in the 15th issue of the Awadh magazine I express profound gratitude and sincere regards to all the faculty members and editors for their sincere co-operation in encouraging and promoting academic and cultural activities of 'Awadh Centre of Education'

I take this opportunity to congratulate the team of all the staff members for their efforts towards imparting value based high quality education and especially taking care of the fact that each and every student who enrolls in ACE is cared for.

The college magazine serves as a very good platform for the young minds to express themselves and their ideas on various issues which needs to be discussed. It not only gives a chance to students to represent themselves through what they write but also enables them to come across various new ideas and thoughts which other people hold. Hence I hope the magazine proves to be a success in terms of enlightening the young minds of the students and making them a rational human being.

I also take this opportunity to wish all the best to the outgoing batch and hope for their bright future and success in all ventures they undertake.

With warm wishes,
Director ACE

A handwritten signature in purple ink, appearing to read 'Amit Kumar', written in a cursive style.

ACE Leaders



Dr. Mandira Gupta,
Principal, IVS



Khalid Hashmi,
Director



Dr. Tanvir Ikram,
Principal



Rizwan Ahmad,
Administrative Officer

Annual Report 2020-2021

Awadh Centre of Education has emerged as a promising institution providing quality education to the women, muslim (minority) and socially and economically weaker section of the society.

INSTITUTE OF VOCATIONAL STUDIES (IVS)

The journey of the Institute of Vocational Studies started in the year 2002, with the vision of growth and development for providing quality education.

PROGRAMMES:

- D.El.Ed. (Affiliated to SCERT, Delhi with annual intake of 50 students)
- B.Ed. (Affiliated to GGSIPU with annual intake of 100 students)

IQAC

Internal Quality Assurance Cell was established in 2010 with the aim of imparting quality education under the guidance of our Managing Trustee Mr. Naushad Khalid and our Director Mr. Khalid Hashmi. The cell has various committees namely:- Programme Advisory Committee, Extra Curricular Committee, Infrastructure Committee, Guidance and Grievance Committee, Placement Committee, Anti Ragging Committee, Student Welfare Committee, Alumni Association Committee, Sexual Harassment Committee, Library Committee which look after different aspects namely journal, faculty development, research and publications to achieve the objective of the institution.

OUR PRIDE

Result

- In D.El.Ed. 2nd year 39 students appeared for the final examination 2019. All students secured first division.

LIST OF TOPPERS

D.El.Ed. 2nd Year Session 2017-19

S.NO	NAME OF STUDENT	ROLL NO	PERCENTAGE	POSITION
1	Sahil	00035767	79.91	First
2	Adarsh Shukla	00035741	79.56	Second
3	Shahnaz	00035769	78.34	Third

- In D.El.Ed. 1st year 49 students appeared for the final examination and all students secured first division.
D.El.Ed. 1st YEAR BATCH 2018-20

S.NO	NAME OF STUDENT	ROLL NO	PERCENTAGE	POSITION
1	Shireen Khan	00038416	85.04%	First
2	Aayat Aziz Khan	00038376	82.01	Second
3	Anupriya	00038379	81.82	Third

In B.Ed. 2nd year 98 students appeared for the final examination (May, 2019), all secured 1st division and 43 students got distinction

B.Ed. 2017-19

S.NO	NAME	ENROLMENT NO	PERCENTAGE	POSITION
1	BAREA ANSAR	01613902117	82.22	Ist
2	CHARUL MAHUR	01813902117	81.92	IIInd
3	NIKITA KIRAR	05113902117	81.88	IIIrd

In B.Ed. 1st year 99 students appeared for the final examination (May, 2019) 97 students got 1st division and 24 students got distinction

B.Ed. 2018-20

S.NO	NAME	ENROLMENT NO	PERCENTAGE	POSITION
1	NAMRATA SACHDEVA	05413902118	83.18	Ist
2	JYOTI DEVI	03613902118	81.62	IIInd
3	BUSHRA GEETIKA NARANG	02013902118 40113902118	81.31 81.31	IIIrd

PLACEMENT
D.El.Ed. Programme

Guest Teacher in Delhi Govt. Schools / NGO	Public School	Higher Studies	CTET
Primary Teacher	Primary Teacher	B.A /BA(H) / B.Sc.&B.Com	
5	15	12	20
Total - 05	15	12	

In D.El.Ed. 39 students appeared in examination 2019 and 20 students got placement as Govt. Teacher in Delhi Govt. Schools, NGO and Private Schools.

B.Ed. Programme

Guest Teacher in Delhi Govt. Schools / Private Schools	Higher Studies	CTET
PGT	TGT	PRT
05	20	05
Total - 30	M.Ed.	Others
	07	10
	17	CLEARED
		20

In B.Ed. 98 students appeared in examination 2019 and 30 students got placement as Govt. Teacher in Delhi Govt. Schools and Private Schools.

ACHIEVEMENTS & INITIATIVES

Following initiatives and efforts were undertaken by the principal, faculties, students and administration towards realizing the institutional objectives.

Faculty Achievements

Dr. Mandira Gupta

- Attended Two Days International Multi-Disciplinary Seminar on “Research methodology” on 30th November to 1st December, 2019 organized by Maharshi Dayanand University (Rohtak) India.
- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Book Published on the topic “Counselling Services in CBSE Affiliated Schools” by Vishwagayan Prakashan, New Delhi, 2019, ISBN No. 978-93-83837-92-2
- International Paper Published on the topic “An Evaluation of Different Aspects of Counselling Functions by the Counsellors in India’s State of Haryana” in Greener Journal of Educational Research: Vol 8, Issue 5, 2018, ISSN No. 2276-7789.
- Paper Published on the topic “Principal’s Perspective on Different Aspects of Counselling Services in Haryana State of the Indian Republic” in International Journal of Research and Analytical Review with ISSN No. 2348-1269, Vol. 6, Issue 2, in June 2019.
- Paper Published on the topic “Role of IT as an Accelerator for Education, Trade and Industry” in Journal of Emerging Technologies and Innovative Research with ISSN No. 2349-5162, Vol. 6, Issue 6, in June 2019.
- Paper Published on the topic “Role of Different Agencies (NCERT, SCERT & CBSE)” in Journal of Emergency Technologies and Innovative Research with ISSN No.: 2349-5162, Vol 6, Issue 6, dated: 04-06-2019.
- Acted as Organizing Secretary in the National Seminar on the theme Policies, Issues and Current Trends in Higher Education organized by Al-Falah University, Dhauj, Faridabad from 9th and 10th March 2019.

Dr. Rubeena Khan

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)

Ms. Eram Aziz

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)

Ms. Shailja Gupta

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- Conducted live sessions for NIOS for the students.

Dr. Sangeet Sharma

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- Have successfully conducted workshops in more than 50 schools / colleges; have addressed more than 3000 students and 500 faculties to help them develop skills such as stress management, time management, study skills, and organization in order to help them continuously reach their goals.
- Conducted live sessions for NIOS as well as radio recordings for the students.

Ms. Neetu Sharma

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)

Ms. Juhi Bidhuri

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)

Ms. Kiran Kumari

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- Paper published on the topic ‘Role of Technology in Promoting Peace’ in an online journal Researchers’ Guild vol. 1 with ISSN 2545-1952
- Paper published on the topic ‘ICT as an Instrument to bring Quality in Education’ in an online journal Researchers’ Guild vol.2 with ISSN 2545-1952

Dr. Gunjan Singh

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)

Ms. Priyanka Gupta

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- "Efforts to reintegrate Dropouts in the light of Draft of National Policy of Education 2019" published in International Multidisciplinary Referred Journal- Researchers’ Guild with ISSN No. – 2545-1952 Issue- Vol 1 No.3 (2019): Researcher’s Guild.
- Live recording session at NIOS.

Ms. Sangeeta Kaushik

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- Kaushik, Sangeeta(2019). MADHUBANI-THE EXOTIC ART OF MITHILA, Researchers’ Guild Bi-Annual ISSN 2545-1952

Ms. Nahid Raees

- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.
- Attended two days National Workshop, on ‘OER and MOOCs’ organized by Institute of Vocational Studies, New Delhi (2nd& 3rd May, 2019)
- Attended National Seminar on Teacher Education - As a Participant
- Attended Pre-RD Parade Selection Camp - As a Programme Officer
- Attended the launch of Khelo India App by PM Modi- As a Programme Officer
- Attended Book Release Event of Collection of Speeches - As a Programme Officer of Shri Pranav Mukherjee in VigyanBhawan

Ms. Anuradha Daheriya

- Participated in One Week FDP on “Art of Effective Teaching(Teach to Learn & Learn to Teach)” held from 11th to 17th December, 2019 at Institute of Vocational Studies(GGSIPU), New Delhi
- Paper presented titled “Alternative Energy for Sustainable Development” at Lingaya’s LDIMS, New Delhi, at National Conference on “Digital Innovation: A tool for Sustainable Development” on 30th March, 2019, published in International Journal of Advance and Innovative Research, Volume 6, Issue 2(XXII), April-June, 2019, ISSN No 2394 – 7780
- Participated in Two Day NAAC Sponsored National Workshop on “Learning Approaches in Quality Education-Role of IQAC” on 8th& 9th March, 2019 at Lingaya’s LDIMS, New Delhi

Ms. Almas Parveen

- Presented paper on “Role of different agencies” in the student seminar held on 4 th Oct 2019 at Institute of Vocational Studies, Sheikh Sarai, New Delhi.
- Presented paper on “Quality assurance in Education” in the National Conference held on 1st November 2019 at Institute of Vocational Studies, Sheikh Sarai, New Delhi.
- Presented paper on “Reframing the curriculum for inclusive Education” in the National Conference held on 8 th Nov 2019 at Sant Hari Das College of Education, Najafgarh.
- Attended faculty development program on the theme “Art of effective teaching” held from 11th to 17th December, 2019 at Institute of Vocational Studies, New Delhi.

Ms. Sapna Rani

- Attended two day National Conference on Indian Education System- Past, Present & Future was attended in Balaji College of Education, Ballabhgarh.
- Conducted live sessions for NIOS for the students.

FACULTY ENRICHMENT PROGRAMMES

- Two days workshop on “Open Educational Resources and MOOCs” on 2nd & 3rd May, 2019.
- One day conference on “Education: Crises & Sustainability Mission for a Better World” on 1st November, 2019.
- Faculty Development Programme was organized on “Art of Effective Teaching (Teach to Learn & Learn to Teach)” from 11th - 17th December, 2019.

STUDENTS WORKSHOP AND SEMINAR

- Institute of Vocational Studies organized one day student seminar on 4th October, 2019 on the theme “School Education in India: Opportunities, Issues & Challenges”.
- Puppetry Workshop
- Theatre Workshop
- Workshop on Mindfulness

OUTREACH PROGRAMMES AND EXTENSION SERVICES

- NATIONAL EYE DONATION DAY

On 8th September, 2019 the National Eye Donation Day, was organized. Venu Eye Hospital organized a function to felicitate the families of eye donors. This year a skit competition by students of various colleges was also included to spread awareness on eye donation. Students of D.El.Ed. first year performed a skit to spread awareness on eye donation.

ECO CLUB DRIVE

Eco club was established in Institute of Vocational Studies under the Department of Environment, Govt. of NCT of Delhi in July, 2012. Eco club plays an important role to raise students’ interest over environmental issues. Students of Institute of Vocational Studies actively involved in various activities to spread awareness about environmental practices.

- SWACCHH BHARAT ABHIYAN

Students of D.El.Ed. staged a Nukkad Natak at Sheikh Sarai Authority premises on the ongoing campaign of "Swachhta Pakhwada 2019" on 13th September, 2019. Students presented a powerful performance on the topic “Jal Shakti Abhiyan” and “Say No to Plastic” by providing message of how to minimise the use and consumption of water and save water through water harvesting. They also stressed on to make people aware about the harmful effects of using plastic and making India free from single use of plastic.

- **HARIT SPANDAN INTER COLLEGE COMPETITION**

Every living organism on the mother planet earth is directly or indirectly affected by environment. To spread awareness for Conservation and Protection of Environment Institute of Vocational studies organized an inter college competition on the theme “INDRADHANUSH KE RANG - DHARA KE SANG” on 13th February, 2020. Students participated in large numbers from various institution and colleges. Winners and participants received certificates and medals.

EDUCATIONAL VISITS

- **VISIT TO NATIONAL MUSEUM**

A trip to the National Museum, Delhi was scheduled for the students of D .El. Ed and B. Ed on 11th and 12th of September respectively by Institute of Vocational Studies. There was a wave of excitement and curiosity in the students. National Museum showcases the extensive work of art and culture from the past. It is among the largest museums in India. The museum provides an insight in India’s history and the achievements and innovations in terms of art, culture and other fields of development. The students learned so many things about the rich Indian culture. It proved to be a great learning experience for all of us.

- **NCERT FOUNDATION DAY CELEBRATION**

59th NCERT foundation day was celebrated on 2nd September, 2019. Students of D.El.Ed and B.Ed attended the function with their teachers. The function began with few cultural programmes performed by students from across India showcasing dance forms. Honorable chief guest for the event was Ramesh Pokhriyal, the MHRD minister. It was a great learning experience for all the teachers and students.

RECREATIONAL VISITS

- **VISIT TO SURAJKUND INTERNATIONAL CRAFTS MELA**

On 10th February, 2020 Institute of Vocational Studies organised a one day trip to Surajkund International Crafts Mela, Faridabad, (Haryana) for D.EL.ED & B.Ed. students. The main objective of the trip was to make the students aware of culture, art and craft of different states of India along with neighbouring countries. The Surajkund Mela is unique as it showcases the richness and diversity of the handicrafts, handlooms and cultural fabric of India, and is the largest crafts fair in the world. The outcome of the trip was that our students enjoyed and learned so many new things which they can use in their life and being a teacher spread the uniqueness of India around the world.

CELEBRATIONS, EVENTS AND COMPETITITONS

- **ORIENTATION PROGRAMME**

The official interaction between the teachers and the students of the 2019-21 Batch took place in August, 2019. Dr. Rubeena Khan, opened the interactive session by welcoming all the students. All the faculty members introduced their course papers and made the students aware of each paper and its importance in teaching as well as for the development of an individual. The students interacted with each other and got to know a lot about their classmates on the orientation day.

- **INDEPENDENCE DAY CELEBRATION**

Institute of vocational studies celebrated 73rd Independence Day with unprecedented patriotic fervour on Aug 14, 2019. All the teachers and students were gathered in the auditorium. A number of students sang songs full of Patriotism. Some students also performed dance and many students expressed their talents and emotions through self written shayari and poetry. The atmosphere was filled with full patriotism and enthusiasm. And then everyone took pledge to be a part of clean and green India. The function came to an end with our National Anthem.

- **TEACHERS' DAY CELEBRATION**

Teacher's Day was celebrated on 5th September 2019 in our college. In this programme all the teachers and Principal of institute were cordially invited. Students started this program with Quranic Verses and Ganesh Vandana. After that a number of performances like group dance, solo dance, poem recitation, singing, etc were performed by IVS students in the honour of teachers.

- **FRESHERS' PARTY**

Institute of Vocational Studies organized fresher's party for D.El.Ed. and B.Ed. 1st year students on 14th & 28th September, 2019 respectively. Many performances were held like dances, games, etc. The competition was judged by the jury members. Finally the results were announced and IVS got Ms. Fresher and Mr. Fresher for the year 2019. It was a joyful experience for all the students.

- **INTER HOUSE COMPETITION**

Around the year IVS organized Inter House Competition as a part of CCA. The students of D.El.Ed. & B.Ed divided into 4 houses. The inter house competitions are organized on every friday of the month in which students participate with full zest. These activities are judged by the experts and winners were also announced. The activities conducted under CCA: Food without fire, mehendi competition, Kho-Kho, cricket, carrom competition, Janamashtmi, matka competition etc. These competitions enhance our student knowledge as well as experience. Also, it fills confidence in students and enhances their sporting nature.

- **AWADH SPORTS**

Sports are one of the mandatory activities of students for good health and mental wellbeing. To encourage students to participate in various indoor and outdoor sports, every year Awadh Centre of Education organizes, 'Awadh Sports', this year Awadh Sports was organized on 30th & 31st January, 2020 for students.

NEW INSTITUTIONAL SOCIAL RESPONSIBILITY INITIATIVES

• NATIONAL SERVICE SCHEME (NSS)

The National Service Scheme is an Indian Government Sponsored Public Service Programme Conducted by Department of Youth Affairs and Sports of the Government of India. NSS self financing unit was established in 2017 in our institute. In this we have 100 students unit as a volunteer. The main purpose of NSS is that the students will understand the community in which they work and identify the needs and problems of the community.

In the year 2019-2020, our NSS team participated in 10-days Pre Republic Day Parade Camp, North Zone at Chitkara University, Chandigarh held from 15th November, 2019 to 24th November, 2019.

NSS team also volunteered and participated in 23RD National Youth Festival 2020 at Lucknow in Uttar Pradesh held from 12th – 16th January, 2020.

PROPOSED ACTIVITIES

For Faculties

- Panel discussion on “Stress Management for Teacher Educators”.
- Conference on “ICT Awareness, Challenges and Competencies in Teacher Education”.

For Students

- Extension lecture on “Managing Emotions”.
- Extension lecture on “Development of Soft Skills”.

The key to Success is getting the big things right, innovating and challenging our own efforts towards realizing the objectives to the fullest. The progress we are making is highly encouraging, and we are confident in our vision and our future prospects.

About IVS

The journey of the Institute of Vocational Studies started in the year 2002, with the vision of growth and development for providing quality education.

The institute imparts professional teacher education training in B.Ed. & D.El.Ed. Programs. The Institute of Vocational Studies is affiliated to GGSIPU & SCERT, Delhi, recognized by NCTE & NAAC Accredited. A

number of facilities are provided to the students for their holistic development such as smart classroom, Laboratories (Computer, Education Technology, Language & Science laboratories), Internet, Cafeteria, Conference room, etc. The institute is famous providing a good ratio of well trained and highly educated members. It also provides sufficient number of technical and non technical staff to provide an ambience of self learning to the students. The placement cell of IVS also organizes pre-recruitment training and discussion programs among the final year students. The Institute has all the potential to become one of the best institutes in Delhi NCR.

Internal Quality Assurance Cell

Internal Quality Assurance Cell was established since 2010 with the aim of imparting quality education under the able guidance of our managing trustee Mr. Naushad Khalid and our patron Mr. Khalid Hashmi. IQAC functions through its various committees which look after the different aspects to realize the objectives of the institution.

COMMITTEES UNDER IQAC 2020-2021

1. Programme Advisory Committee

Director / Chairperson –	Mr. Khalid Hashmi
Convener –	Dr. Mandira Gupta
Member Faculty –	Ms. Eram Aziz (B.Ed.) Dr. Fozia Roohi (D.El.Ed.)
Student Representative –	Ms. Tanya Ahuja (B.Ed.) Mr. Faisal Malik (D.El.Ed.)

2. Monitoring Committee

Director –	Mr. Khalid Hashmi
Convener –	Dr. Mandira Gupta
Member Faculties –	Ms. Priyanka Gupta
–	Ms. Shailja Gupta
–	Dr. Fozia Roohi

3. Internal Complaint Committee

Chairperson –	Mr. Khalid Hashmi
Principal –	Dr. Mandira Gupta Dr. Tanveer Ikram
Member Faculty–	Ms. Eram Aziz Ms. Shailja Gupta Ms. Anshu Rastogi Ms. Juveri

4. Grievance Redressal & Welfare Committee

Chairperson/ Nodal Officer –	Dr. Mandira Gupta
Member Faculty –	Ms. Anuradha Daheriya (B.Ed.) Ms. Shailja Gupta (B.Ed.) Ms. Sapna Rani (D.El.Ed.)
Co-opted Member –	Ms. Juveria (COMM-IT Career Academy)
Student Representative –	Ms. Samiksha Mishra (B.Ed.) Ms. Ruchi (D.El.Ed.)

5. Student Welfare Committee

Chairperson –	Dr. Mandira Gupta
Member Admin –	Mr. Rizwan Ahmad
Member Faculty –	Ms. Priyanka Gupta (B.Ed.) Ms. Sapna Rani
Student Representative –	Mr. Md. Alfaz (B.Ed.) Mr. Faisal Malik (D.El.Ed.)

6. Anti-Ragging Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Eram Aziz
Member Faculty –	Ms. Nahid` Raees Ms. Neetu Sharma Dr. Gunjan Singh Dr. Fozia Roohi

7. Sexual-Harassment Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Shailja Gupta
Member Faculty –	Ms. Nahid Raees Ms. Priyanka Gupta Ms. Sapna Rani Mr. Gyanendra Shukla

8. Co-Curricular Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Sangeeta Kaushik
Member Faculty –	Ms. Priyanka Gupta Ms. Nahid Raees Mr. Baiju Joseph (Admin)

9. Placement Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Anuradha Daheriya
Member Faculty –	Dr. Fozia Roohi Ms. Kiran Kumari Ms. Juhi Bidhuri
Student Representative –	Mr. Md. Alfaz Mr. Saurav

10. Alumni Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Eram Aziz
Member Faculty –	Ms. Shailja Gupta Ms. Sapna Rani
Student Representative –	Ms. Tanya Ahuja Mr. Faisal Malik

11. PTA Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Ms. Eram Aziz
Member Faculty –	Ms. Priyanka Gupta Ms. Neetu Sharma Ms. Sapna Rani Dr. Fozia Roohi
Parent Representative –	Mr. Pankaj Ahuja (Father) & Mrs. Shaloo Ahuja (Mother) Mr. Sher Singh (Father) & Mrs. Usha Kiran (Mother) Mr. Shafiullah Khan (Father) & Mrs. Mohsin Warisha (Mother) Dr. Mohd. Javed Qamar (Father) & Mrs. Shaheena Javed (Mother)

12. Infrastructure Committee

Chairperson –	Dr. Mandira Gupta
Convener –	Mr. Rizwan Ahmad
Member Faculty –	Ms. Neetu Sharma Ms. Kiran Kumari
Students Representative –	Ms. Swati Gupta Mr. Arjun Verma



Faculty Achievement

Dr. Mandira Gupta

- Chapter Published on topic “Draft NEP 2019: Educate, Encourage, Empower” in the book titled Schooling in Action: Trends, Issues and Practices, ISBN:978-81-932035-4-5, published in 2020.
- Paper Published on topic “Re-framing the Curriculum for Inclusive Education” in International Journal of Research and Analytical Reviews (IJRAR): Vol.-7, Issue-2, April 2020, ISSN: 2349-5138.
- Paper published on topic “Development of environmental awareness through education: Problems and Solutions” in the Journal of Emerging Technology and Innovative Research: Vol.-7, Issue-4, April, 2020, ISSN: 2349-5162.
- Paper published on topic “Benefits of Yoga for Students” in Shodh Sarita, Journal of Arts, Humanities and Social Sciences: Vol.-7, Issue-27, Jul - Sep, 2020, ISSN: 2348-2397.
- Participated in the Online National Workshop on “Re-Imagining the Teaching Methods in the Time of Corona Pandemic and Post Pandemic” organized by IQAC Malda College, Malda & K. K. Das College, Kolkata from 16th May, 2020-18th May, 2020.
- Successfully completed the “Online Test for Role of Statistics in our Society” organized by the Department of Statistics, Maharaja Arts & Science College, Periyar University, Tamil Nadu on 16th May, 2020.
- Participated in the Webinar on “Cybergogy of 21st Century Classrooms” organized by Inter-University Centre for Teacher’s Education, Department of Education, The Maharaja University of Baroda, Vadodara on 18th & 19th May, 2020.
- Participated in the National Webinar on “Mastering Gunas: Effective way to self-transformation during COVID19” organized by Dayanand Women’s Training College, Kanpur on 18th May, 2020.
- Participated in the International Webinar on “Towards Excellence in Qualitative Research in Social Sciences” organized by School of Education, Tamil Nadu Open University, Meston College of Education on 28th May, 2020.
- Participated in the National Webinar on “Vision 2030: Changing Landscape of Education in India” organized by Institute of Education and Research, Shri Ramswaroop Memorial University, Barabanki, Uttar Pradesh on 30th May, 2020.
- Participated in the National Webinar on “Challenges and Effectiveness of Online Teaching in Current Scenario” organized by Greater Noida College of Education, Greater Noida, Uttar Pradesh on 31st May, 2020.
- Participated in the National Webinar on “Impact of Online Teaching in Development of Pre-Service Teachers in Present Scenario” organized by Greater Noida College of Education, Greater Noida, Uttar Pradesh on 5th June, 2020.
- Participated in the Online Faculty Development Programme on “Covid-19 Challenges and Opportunities: Paradigm Shift in Various Domains of Indian Education” organized by Lingaya’s Lalita Devi Institute of Management and Sciences (GGSIPU), New Delhi, from, 18th May, 2020-22nd May, 2020



Faculty Achievement

Ms. Eram Aziz

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in Webinar on importance of synthetic phonics for teaching, reading and writing effectively to young learners on 30th may 2020 organised by Teach Talks (Jaipur).
- Participated in Online faculty development programme on COVID 19: challenges and opportunities, paradigm shift in various domains of Indian education from 18th may to 22nd may 2020 organised by LLDIMS.
- Participated in Online faculty development programme on design and development of Moocs and e- learning technologies from 10th May to 16th may 2020 organised by USE ,GGSIP university.
- Participated in webinar on Future of higher education in the post COVID 19 times on 28th April 2020 organised by Amity University, Haryana.
- Participated in an online NAAC awareness quiz.



Faculty Achievement

Dr. Sangeet Sharma

- Online faculty development programme on design and development of moocs and e learning technologies from 10th May to 16th may organised by USE, GGSIP University.
- Online Webinar on synthetic phonics.
- Conducted 2 sessions for CBSE as a resource person on Mind Magic.
- Conducted 2 sessions for CBSE as a resource person on innovative learning.
- Conducted sessions for BRS public school Burnpur (west Bengal) on 21st century parenting.
- Conducted sessions for innovative teaching for BRS public school Burnpur.
- Conducted one session for lingayas ,as a resource person in the faculty development programme on ,COVID 19 ,challenges and opportunities, paradigm shift in various domains of Indian education.
- Conducted a session on emotional wellness as a resource person for DIRD college.
- Conducted a session as a resource person on memory mastery for crafting leaders.
- Contributed a video lecture on the topic Importance of Hindi language for USE ,GGSIPU official YouTube.'



Faculty Achievement

Ms. Shailja Gupta

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in Online faculty development programme on COVID 19: challenges and opportunities, paradigm shift in various domains of Indian education from 18th may to 22nd may 2020 organised by LLDIMS.
- Participated in webinar on Equity, Diversity and Inclusion: Eligibility of Children for Inclusive Schools. (Conducted by Dept. Of Education, Lady Irwin College, DU on 28th May'2020).
- Participated in webinar on "Pandemic Laws and State Response in India: A citizen's Perspective " (Conducted by University of Delhi on 22nd May'2020).
- Attended and Hosted Webinar on “Cyber Crime” organized by Jawaharlal Nehru University on 7th June, 2020.
- Participated in Faculty Empowerment Workshop on “Application of ICT Tools in Higher Education” from 11th to 12th June, 2020.
- Attended a Webinar on “Beyond the Pandemic: Reinventing Horizons” organized by Institute of Vocational Studies on 16th July, 2020.
- Participated as Resource Person in the two day International Webinar organized by Miranda College of Education, Bangalore University, in collaboration with Unimates Education, Hanoi, Vietnam on the theme “Issues of Inclusive Education in 21st Century” on 26th and 27th August, 2020.

Faculty Achievement



Ms. Neetu Sharma

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in Online Workshop on "Cyber Crime Awareness" organised by Collcom, on 07th June 2020.



Ms. Juhi Bidhuri

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in National Webinar on "Impact of Online Teaching in Development of Pre-Service Teachers in Present Scenario" organised by Greater Noida College of Education, on 05th June 2020.
- Participated in National Webinar on "Domestic Violence During Lockdown of Workforce- Concerns, Issues and Legal Remedies" organised by Kamla Nehru College, University of Delhi on 22nd May, 2020.

Faculty Achievement



Ms. Kiran Kumari

- Participated in National Webinar on "Decoding Digital Pedagogy: A Practical Approach" organised by Albertian Institute of Management, St. Albert's College (Autonomous) on 05th June 2020.
- Participated in Webinar on "Cybergogy for 21st Century Classrooms" organised by Inter-University Centre for Teachers Education (IUCTE) from 18th – 19th May, 2020.



Dr. Gunian Singh

- Participated in Webinar on "MASTERING THE ART OF COMMUNICATION" organised by Department of Engineering, ARKA JAIN University, Jamshedpur (Jharkhand) On June 06, 2020.
- Participated in National Webinar on "Decoding Digital Pedagogy: A Practical Approach" organised by Albertian Institute of Management, St. Albert's College (Autonomous) on 05th June 2020.
- Participated in Webinar on "Impact of COVID-19 on Higher Education" organized by Swami Premanand Mahavidyalaya, Mukerian on June 03, 2020.
- Participated in Webinar on "Impact of Covid-19 on Women" organised by Department of Social Work, BPS Mahila Vishwavidyalaya , Khanpur Kalan Sonipat Haryana on 2nd June, 2020.

Faculty Achievement



Ms. Sangeeta Kaushik

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in E-Certificate Programme on "O;ogkfjd fganh" organised by “kklfd; fnfXot; Lo”kklh LukrdksRrj egkfon~;ky;] fganh foHkx.
- Participated in National Survey on “Impact of Covid-19 on Social Human Behaviour” organized by Yuva Sarva Kalyan Samiti.



Ms. Priyanka Gupta

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in Webinar on “Connecting Culture with Classical Knowledge of Mathematics: An Uncharted Territory” organized by Department of Elementary Education, Institute of Home Economics, University of Delhi on 11th May, 2020.
- Participated in One Day Online Workshop on "Enhancing Research Communication Skills through Science Direct and Mendeley" organised by Dayalbagh Educational Institute, Agra on 3rd May, 2020.

Faculty Achievement



Ms. Nahid Raees

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Attended 4 days workshop on “Technostress Involved in Work From Home Mode” organized by Al-Barkaat Education Institutions, Aligarh from 11th to 14th June, 2020.
- Attended National Workshop on “Blended Learning” organized by SNDT Women’s University, Mumbai on 13th June, 2020.
- Attended Webinar on “Cyber Crime” organized by Jawaharlal Nehru University on 7th June, 2020.



Ms. Anuradha Daheriya

- Paper presented in an Online National Conference on “Industry 4.0 – Embracing Change and Transformation” organized by Lingaya’s Lalita Devi Institute of Management & Sciences (GGSIPU), New Delhi on 13th March, 2021.
- Participated in an Online Workshop titled “Job Readiness During Turbulent Times: Skill Development Approach” on 27th February, 2021 organized by USMS in association Skill Development Cell, under the aegis of IQAC, GGSIPU, New Delhi.
- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Paper Presented titled “PARAKH: Transforming the Culture of Assessment” at Institute of Vocational Studies (GGSIPU), New Delhi, at National E Conference on “Policy Recommendations and Reflections” on 27th November 2020.
- Attended Online Faculty Development Programme on “Covid-19 Challenges and Opportunities: Paradigm Shift in Various Domains of Indian Education” from 18th May-22nd May, 2020 organised by Lingaya's Lalita Devi Institute of Management and Sciences(GGSIPU), New Delhi.
- Attended Webinar on “Values are Caught not Taught-Teachers as Models” held on 29th April, 2020 organised by Gitarattan Institute of Advanced Studies and Training (GGSIPU), Rohini, New Delhi.

Faculty Achievement



Ms. Almas Parveen

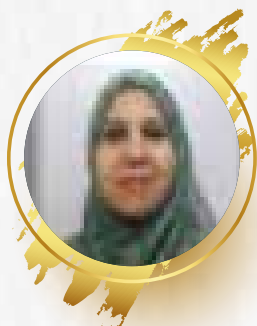
- Participated in National Webinar on "COVID-19 Pandemic: Impact and Strategies for Education Sector in India" organised by Women Cell and Legal Cell of Vaish Arya Shikshan Mahila Mahavidyalaya on 23rd May, 2020.
- Participated in an Online Faculty Development Programme on "Covid-19 Challenges and Opportunities: Paradigm Shift in Various Domains of Indian Education" from 18th May-22nd May, 2020 organised by Lingaya's Lalita Devi Institute of Management and Sciences(GGSIPU), New Delhi.
- Participated in Webinar on "Cybergogy for 21st Century Classrooms" organised by Inter-University Centre for Teachers Education (IUCTE) from 18th – 19th May, 2020.
- Participated in Webinar on "Open and Distance Learning (ODL): Need of the Hour (Post Covid-19)" organized by Bateshwarnath Maharaj Group of Institutions, Agra on 17th May, 2020.



Ms. Sapna Rani

- Participated in an Online Faculty Development Programme on "Approach Towards Effective Teaching" from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in National Webinar on "COVID-19 Pandemic: Impact and Strategies for Education Sector in India" organised by Women Cell and Legal Cell of Vaish Arya Shikshan Mahila Mahavidyalaya on 23rd May, 2020.
- Attended Online Faculty Development Programme on "ICT Tools for Teaching Learning and Assessment" from 12th May-14th May, 2020 organised by CBLU.

Faculty Achievement



Ms. Fozia Roohi

- Participated in an Online Faculty Development Programme on “Approach Towards Effective Teaching” from 17th – 23rd December, 2020 organized by Institute of Vocational Studies (GGSIPU), New Delhi.
- Participated in the 2 days Webinar on “Cybergogy for 21st Century Classrooms” organized under the aegis of Inter- University Centre for Education (IUCTE) and The Maharaja Sayajirao University of Baroda, Gujrat on 18th -19th May, 2020.
- Participated in National Webinar on “Mastering Gunas: Effective way to self transformation during Covid-19” organized by Dayanand Women’s Training College, Kanpur on 18th May, 2020.
- Participated in an “Online Test for Role of Statistics in Our Society” organized by the Department of Statistics of Mahendra Arts and Science College, Affiliated to Periyar University, Tamil Nadu on 16th May, 2020.

Events Organised by IVS

Month	Event
April, 2020	Drill on Downloading Aarogya Setu App Earth Day
May, 2020	Series of Discussion on the theme "Corona Crisis" Debate Competition on "Corona Virus: India Fights Corona" Budh Purnima Celebration Inter College Competitions (Video Making, Solo Dance, Essay Writing, Best out of Waste, Digital Collegiate)
June, 2020	World Environment Day Celebration Workshop on Cyber Crime Awareness Online Quiz Competition
July, 2020	International Yoga Day Digital Detoxification Webinar Webinar on Beyond the Pandemic: Reinventing Horizons E-Marathon Q-Fiesta Kargil Vijay Diwas Micro Training on Traffic Distancing
August, 2020	Rakhi Making Competition Nail Art Competition Career Aptitude Test-Insight Independence Day Celebration Mask Making
September, 2020	Mandala Art Inter-House Competition Teacher's Day Celebration Paper Quilling Art Competition
October, 2020	Hindi Divas Gandhi Jayanti Celebration World Mental Health Day Celebration Online Corona Awareness Campaign Tree Plantation Drive
November, 2020	Diwali Celebration 'E-Parv' E-Conference on NEP2000 Faculty Development Programme
January, 2021	Poster Making Competition (Anti Ragging) Art and Craft Workshop Digital Poster and Certificate Making Activity Republic Day Celebration
February, 2021	Just a Minute Performing Arts Workshop Basant Panchmi Celebration Harit Spandan Sports Day Solo Singing





B. ED & D.ELED
STUDENTS of IVS participated in
slogan writing activity
(WORLD MENTAL HEALTH DAY)

If You feel like
 Life is
SINKING
 Try Positive
THINKING

World Mental Health

 सकारात्मक सोच है,
 तो मानसिक बीमारी दूर है
 और जो शारीरिक मानसिक स्वस्थ है
 वो सुखी जरूर है

MENTAL HEALTH
 PRESERVED
 WEALTH
 SO IDENTIFY
 YOUR
 MENTAL 
 STRENGTH

"Life Won't
 Seem Like
 Such of Mess,
 Take Time To Relax
 Relieve Stress, and
 Find The Greatest
 Treasure Of Mental
 Wellness."



"To Be Healthy
 As A Whole
 Mental
 Wellness
 Plays A
Role"



The mind needs
 to be cared equally
 as the body because
 we need to remember
 that cannot stay healthy
 without the care of other...

"YOUR ILLNESS DOES NOT
 DEFINE
 YOU.
 YOUR STRENGTH AND COURAGE DOES"



Word from ALUMNI



The journey is never easy and life is never simple.

Facing challenges, hardships and people is one of the everyday tasks. IVS has been one of the positive turn in my life making me a more optimistic person in life.

Challenges are never easy and life is always full of challenges, it always depends on the person how to get through it. IVS has made me a more confident person, assignments and submissions were one thing which were there as the normal college chore life but to be positive, independent and to believe in yourself is very important. These aspects I have learnt from my college.

B.Ed. was always on my to do list but i never thought it will change me so much that now be it any day, any situation or any person i always see the positive side of that thing rather than stressing out and blaming the situation.

We learn from each and every person we come across our lives, and we never get to know the purpose of that person when they are with us.

My teachers were always there to help, support and make us shine and reach milestones. Encouragement, as we learnt in B.Ed. Positive Reinforcement is there and that made me always a better person and motivated me always to do better in life. I also had few of my supportive friends who were there as strong supporting pillars.

I thank each and every person, respected Principal Ma'am, all our faculty members, my mother and my friends who there with me throughout this journey of teaching.

Namrata Sachdeva
Alumni
B.Ed. 2018-2020

Word from ALUMNI



It was great time, beautiful memories, with a lot of learning in the past 2 years (2018-2020) at Institute of Vocational studies.

Our teachers were good facilitators and possessed friendly nature. Besides this our seniors and non teaching staff were also kind and supportive.

This institute has provided uncountable opportunities and platforms to explore, excel, express & showcase our talent in different activities throughout the course, which I feel will surely going to help all the students in their life.

The best skill which I personally developed here is to do every task with Co-Operation and Conscientiousness which has helped me to add one more feather in my overall personality. I'm surely going to miss those two years of this college as these were the best years of my life which has taught me so much.

Tushar Vashishth
Alumni
D.El.Ed. 2018-2020

COVID -19

A BLESSING IN DISGUISE



It was something unbelievable when we were told to remain indoors for as long as three weeks. Spending initial days of the lockdown was difficult for most of us as our mobility was restricted. The initial days passed by spending time with family, watching movies, trying out new recipes and playing indoor games. However, this also resulted in boredom and we started feeling a void for not being able to work and meeting friends. The big thing available to us is the gift of this "very moment". Instead of thinking aloud, what we need to do is to shift our focus to what makes us happy or what we are thankful for and train our minds to think positively all the time.

We begin our life with a lot of ambitions and passions, but over a period of time, the routine takes over and we tend to forget things that were dear to us once upon a time. Lockdown has helped us revive our forgotten hobbies and passions much to our delight. It may be reading comics or writing articles or drawing pictures or humming a song. This was not only refreshed our thoughts of yesteryear but brought charm and warmth in our minds. The lockdown has made us reflect on the many assumptions that we hold close to our hearts. It has brought individuals from across the planet, irrespective of states, wealth, age or citizenship, to come together with a common purpose. This break has taught us to evolve, upgrade and accept the realities of life with a high degree of resilience. All those days, we have been thinking of our existence. But having seen the plight of those across the globe who run for their life and safety, we started to appreciate the value of "coexistence". Society is not complete unless every human being start appreciating the value of one another and believes in coexistence. The habit of "wanting" everything is set to undergo a sea change in the coming days as we have caught up with the thought of distinguishing our "wants" from "needs". The orientation towards moving to confine to our needs rather than wants, is now uppermost in our minds.

Thus, the lockdown has offered us opportunity to learn and unlearn certain things and thus get reintroduced to ourselves with a different perspective .At the end of the day, we will emerge as a new person rebuilding our identity and adopting new practices and habits. The thought of being together was blossomed in our minds and it is up to us to adapt to positive and lateral thinking .It is apt to quote here the Roman philosopher Seneca who said, " we are waves from the same sea, leaves from the same tree and flower of the same garden" and that must always be in our mind now and forever.

Akansha Rai
B.Ed. 2nd Year

DON'T ASK GOD TO CHANGE OUR SITUATION BUT ASK TO USE THE SITUATION TO CHANGE US!



Once upon a time, it was the world where people believed that they are self-sufficient and they do not rely on others but rely on their own strength. The meaning of life has changed for many of us. Families sit together but don't talk to each other, they ask about the health conditions of others on the social media but forget to show concern for their own family, they send happy smiling face emojis to their loved ones without actually smiling in reality, they try make every picture of them to be perfect trying to hide away all kinds of imperfections without realizing that they are impressing the world but not themselves.

The environment was begging for help. We no longer could see the stars and the sky, we had to fly from plane to find them down below, the chirping of birds stopped completely. In fact, the house birds disappeared as they used to build their nests in our houses, when we went out fishing the fish came out with stuffed plastics in their mouth, cows no longer could give us milk as they die ending up eating plastics. We all preached about keeping our surroundings neat and clean but was only limited to books.

But then came an year 2020, in a blink of an eye an invisible enemy can take up lives of thousand with no regard for race, social class or status. The MONEY and POWER can do nothing to stop this virus. These times make us realize how fragile and insignificant we are. Only, in times like these, we started remembering the smiles that we shared with our family, we started calling our loved ones and say thank you, we exalted the beauty of skies and the humming of birds, we started dancing, singing, baking and most importantly it has brought back our faith in God. How many people have given up praying, but have now started to pray again. As it is not Man who has the authority over us but it God who is the most high. Let's keep our faith high as the world today is much preferred than the world before. And, in the end, We'll come out STRONGER.

Alisha Chandekar
B.Ed. 2nd Year

FOE OR FRIEND



Who is this new foe or friend? Intruding into everywhere-
School, Market, and Street End Are not of its much care.
How do i evade this little one? If i can't see it even under Sun.
Each day it adapts, making it Harder and harder to understand.
This tiny one, giving dose of deep sleep to weak and older coming into its contact,
Sneaks and floats into every place And leaves its drastic impact.
Looks like it's a pawn of Mother Nature Endeavoring to protect it come what may.
What so called "efforts" couldn't do for years?
The new friend has done within a short span. Ganga, swelling its bosom rhythmically,
Shines bluer and cleaner again. Ozone, making its circle thicker,
Heals & blossoms into stronger chain. Swirling gusts waving land's greener mane
Mesmerize my weary and pale eyes, And soon brighter stars embellish the night sky.
Deer, monkeys, and Peacocks, not pet, Take a stroll without any lurking threat.
The Sphinx has slippery persona that could not stick around for long-
Underrated in Wuhan, Lucifer in West and somehow it wore a taqiyah and grew beard
in our homeland. It raised the awareness shut for long
Making dusty guitars play soothing songs, As millennials went back to what makes 'em human
And left nonsensical things and deadly weapons. Broken free from the grip of gadgets detrimental,
Soon they realized long awaited potential. As the humans became human again,
The harrowing pictures of migrants crammed into trucks and into vans,
Trudging along the highway from March to May
And train running over sleeping folks, gave a lump in nation's throat.
Some, seeing the agony, left their vanity and extended helping hand.
Time and again science not being absolute, but subject to wrath of cute
Mother Nature gives hints- either mend your ways or brace for mayhem.

Aman Kumar
B.Ed. 2nd Year

GRATITUDE - NEED OF THE HOUR



How we took up our 'freedom' for granted is what used to hit me the most all the while during the tough phase of lockdown but well instead of complaining and focusing on the frustration, let us try to see this as an opportunity for gratitude, something that we otherwise often skipped in our busy lives.

Contemplating about all that we are grateful for rather than what we do not have is the need of the hour. Life has come to a standstill and if not this then when could be the right time to acknowledge all that we have received?

Gratitude is truly the most empowering frame of mind. When we start learning to accept every situation, our brain starts embracing challenges and thus we become learners than complainers. And for a learner who is equally grateful, life becomes less dramatic and much easier.

Start counting your blessings, its never too late!

Ann Merin Jose
B.Ed. 2nd Year

HEALING OF EARTH



See, human activities abruptly stopped
Now all enthralled, life of earth locked!
Ferocious mankind, it's you get blocked
Thou initiated all, now don't be shocked.
Stop your greed; she has so many to feed
She bleeds to fulfill your needs, kindly see
Your deeds, restless steps got a new speed.
You shoved her almost into, long leap!
They say, the mother earth is healing,
Come jointly, to stop wound and screaming.
Take a pledge to give her eternal breathing,
Why you all "let her" to keep on pleading!!
Now mankind keep themselves caged inside,
All green, chirping birds and wonderful world outside.
Eventually embracing, finally she sighed!
Adoring its beauty, by and by got purified.

Arti
B.Ed. 2nd Year

A Hope



//एक उम्मीद//

रात काली है ज़रूर, अंधेरा भी है घना ।
ओझल है नज़र से अब सर ज़मीन-ओ-आसमां
दूर-दूर तक कोहरा है रास्ते पर भी है वहम-ओ-
गुमां
आवाज़ें हैं कुछ अनसुनी खामोश है सारा समां
फिर भी दिल को है यक़ीन और कोने में एक
उम्मीद छुपा रखी
जैसे कोई काल खाने को बैठी हुई
छट जाएंगे बादल रोशन होगा सारा समां
लमट जाएंगे रंज-ओ-गुमान और मौसम होगा
खुशनुमा
और सुनाई देंगे तुझको कहकहे इस

QUARANTINE PERIOD

आज इस quarantine period में कुछ पुराना
दोहराते हैं
चलो आज अपने बचपन की यादों को फिर से ताज़ा
करते हैं ।
वो यादों कि किताब पुराने , धूल भरे बक्से से
निकालते हैं
चलो आज बचपन कि फोटो एल्बम को देखते हैं ।
आज मम्मी का हाथ बंटाने है
वो बेसन की पकौड़ियों के साथ चाय आज हम खुद
बनाते हैं !!
चलो आज मां को खुश कर देते हैं
अपना बचपन फिर से दोहराते हैं !!
पापा की वो जवानी के किस्से सुनते हैं ...
जब " शोले फिल्म " की एक टिकट के लिए
सिनेमा हाल के बाहर सेकंडो की भीड़ इकठ्ठा हुआ
करती थी ।

वो कहानियां जहां पापा real life के हिरो हुआ
करते थे

वो कड़ी मेहनत , वो लक्ष्य को पाने की
इच्छा , ओर उनके पसंदीदा गानों को उनके
साथ बैठ के सुनते हैं !!

चलो आज अपना कीमती समय
अपने परिवार के साथ बिताते हैं

भाई बहनों के साथ वो तकिये की लड़ाई ,
ludo में हारने प पर game छोड़कर भागना
वो सब फिर से दोहराते हैं ।

चलो आज अपनी secret diary को खोलते हैं
जिसमे हमने बचपन में शायद कुछ लिखा था
शायद उस पहले crush के बारे में
चलो आज फिर से उसे पढ़ते हैं ।

आज उन greetings cards को खोलते हैं
जो हमें हर साल new year पर मिला करते
थे
जिन्हें हमने बचपन से लेकर अब तक संभाला
है ।

आज घर की सफाई में मां का हाथ बंटाने है
कुछ पुरानी कहानियां सुनते हैं सुनाते हैं !!
आज पापा की पुरानी LIC की डायरी को
छुपके से पढ़ते हैं
जिसमे कुछ यादगार पल लिखे हैं ।

चलो आज फिर से दिल खोल के जीते हैं
चलो आज पौधों को पानी देते हैं
छतों पर परिंदों को दाना देते हैं
आज खुले आसमां के नीचे सोते हैं
आज परिंदों को आज़ाद बिना बन्दिशों के
उड़ते देखते हैं

आज सूरज के निकलने से पहले उठते हैं ,
ओर शाम को उसे दूसरी ओर से ढलते देखते
हैं ।

चलो आज थकान भरी ज़िन्दगी को अलविदा
कहते हैं..

ओर इन पलों को दिल खोलकर जीते हैं ..
चलो आज हम फिर से स्वयं को जीते हैं !!

रहीना

बी. एड (द्वितीय वर्ष)

THE FLIGHT OF BELIEF

The bird dives in the depths of stark blue sky.
Basking in its glory of bright plumage,
Fearlessly it plunges everywhere,
It claims every space where it flies.
But abruptly the dark clouds of despair faded the spark of its beauty,
The fowler caged it which added to its agony.
He stained it black to make it a part of the flock.
Perhaps it lost sense of its identity,
But it did not lose faith.
Soon the swooshing rain washed away the colour of dejection,
It rekindled a ray of hope in the bird's heart.
It broke away the shackles of confinement,
Off it fluttered again spreading the horizon of its wings.

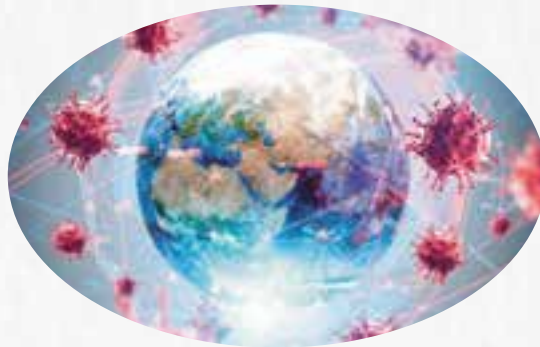
Shamaila Durrani
B.Ed. 2nd Year

THE MEMORIES

Long gone lost bird where do you live now?
Did they destroy your house too?
They smashed stone on my windows and broke my dreams.
They said don't talk, but I screamed
So tell me do you still carry a board in your hand too heavy for small hands and march with big people now, and after another afternoon without lunch, you come back to a new place called home but has nothing like that. You see four walls and a worse version of yellow and orange such colour reminds you of death and hearses. You lit up a cigarette and think about the good time you have lost.
So tell me, do you still cry alone at night?
And hold your family's picture until they make you sound and sleep?
Long gone lost bird where are you now?

Suigya
B.Ed. 2nd Year

PANDEMIC LEADING TO COGNIZANCE



Pandemic a word that scares the most out of us, history has been the evident of how these pandemics have led to catastrophe. But the current situation or the new pandemic through which we are suffering is quite different. The different is not always with negative impact but it has come up with some better and improved awareness amongst the man. Due to the situation of lockdown people have got ample of time to think, to realize and to act in a better way. Now how a pandemic can be seen in a positive light is a big question although it depends from person to person because it is on how a person sees any situation. So for me covid-19 which lead to lockdown has given us to realize some important things.

Covid-19 is the disease that spreads by coming in contact with infected person hence it requires social distancing, and we being modern enough have made our world only outside our homes whether it is traveling or hanging out with friends everything has come to a standstill but the current situation has shown us how we can distance us from our social circle still find that happiness in our family. Sitting together having meals, doing activities together to kill the time is never been thought before in this modern world. Hence importance of family is the thing that this lockdown has made us realize, how people can get real strength and unconditional love from their family which they always try to seek from outsiders. People have also found their lost hobbies and are enjoying the lockdown time with family. Man actually needs very little to survive but as it grows he starts finding happiness in other things We have realized how these things are temporary we always think that we cannot live without them but the current situation showed us that these things are temporary what permanent is our health. What we need to be more concerned about our health both physically and mentally. Health is what we generally not bother about any proper eating habits, any proper exercise hence we have become weak from inside but how important it is to be healthy from inside is what this situation has made us aware of. Lockdown has given us the time to get back to the track once again and feed better to our body and mind. During this time of pandemic we have seen how our nature has also responded, many parts in India has reported lower levels of pollution which made us realize we are the one who are responsible of what we get back from mother nature, it is a give and take relation hence we need to be more sensitive towards it after lockdown as well.

To conclude I only feel that people have been so busy in their lives that they have forgot what life really is, the fast paced world have made them a robot which is emotionless just working for hours. In past few years man has been following the same lifestyle no room for family no time for hobbies or things which really makes them happy. Thus this lockdown gave us time to think again what we are really doing to ourselves and our nature. Thus we need to be more aware and start modifying it because life is lived only once.

Megha Thapliyal
B.Ed. 2nd Year

YESTERDAY WAS HISTORY, TOMORROW WILL BE A MYSTERY AND TODAY IS A GIFT



Yesterday was history, tomorrow will be a mystery and today is a gift that's why it is called a present. You all must have heard this back when you were a child, but we all understand its real essence today. Why so? Because somewhere we forgot to appreciate today, either we were living in past grudges, or working hard enough to make a better future. We forgot that yesterday is gone and tomorrow never comes. Whatever we have is today, the present moment.

Lockdown across the world has taught us to appreciate the life a bit more. We all hear the news of our planet Earth healing, some nice pictures from Venice's clean canals or clear skies but can we be complacent? Not at all. Post Covid - 19, Climate change is the biggest threat the mankind and this planet faces. Now is the time to choose a simpler and less expensive lifestyle which is suitable to this planet and its beings.

And if this virus has taught us anything, it's that we can all act together to make a change. So there have been many positives and realizations during the lockdown. One of them is we can do quite well without luxurious food items. And stop food wastage too. Unnecessary wastage had become a part of our lifestyle. We have to help other people by providing them raw food materials like rice, sugar, cereals etc. It's the best time to help needed people around us. Now when the supply side shrunk and we adjusted, we came to know it was always a luxury. We began to appreciate Local markets even more. At a time when big malls and supermarkets are closed, these small kirana shops have done their best to manage the supplies.

Maybe we have become more appreciative of the nature. The chirping of birds with the morning tea sounds perfect and never heard when supposedly we had a normal life. This lockdown has brought out many creative personalities out of people. I, never got proper time for cooking but this period allowed me to experiment in the kitchen and today I can proudly say that I can cook quite well. Also I love reading novels so in this lockdown period I read so many good motivational, inspirational novels and even some love stories type novels too.

Lastly, we've seen how coming together the world over can affect real change, really quickly. This period should come as a realization. We all have to appreciate this beautiful time as it make all of us realize so many good things within us. For me this is the best period to stay with my family, my loved ones and most importantly with me.

Nikita Kumari
B.Ed. 2nd Year

GREAT REALIZATION AND LOCKDOWN LIBERATION



Very few people understand the life-enriching power of isolation. It's been almost two months since the lockdown had started and the entire nation is confined to their homes. People have been finding new things to do and reviving their old habits to spend the lockdown in a happy way. Most of the people are spending their lockdown with their families but there are a few people who are stuck and spending their lockdown all alone.

I have been lucky enough to be with my family in these challenging times. I cannot even imagine the plight of people who are stuck at different places due to the lockdown.

Coming to my story of 'lockdown liberation', I have discovered various interests in the past two months. I haven't felt more positive from within in years. This is because I have started practicing meditation nowadays as these are testing times and one needs to have a positive attitude in order to remain calm. Amidst all the negative news that we have been receiving around the world on a daily basis, we need something to keep our minds sane. This is the reason why I have engaged myself in cooking new recipes every single day. Cooking for me is a sense of liberation when done at will.

Staying within the four walls of a room has been fruitful for some and boring for others. For me, I can proudly say that I've not been bored for a single minute in the past two months. I always plan my day in advance and try to spend it in a wholesome way.

The greatest realization for me in this lockdown has been about the fact that one must be satisfied and grateful to the universe that he has food, clothes and shelter. People who can comfortably attain these three things are at a much better state in these struggling times. I feel privileged and grateful to the universe for this position and I have nothing to complain about.

In this crisis, the whole nation has come to a standstill due to a virus and people are battling to curb the spread by staying home. Some people who are stuck at places other than their home are struggling to get food and shelter. There is no denying the fact that government is doing whatever they can to help the people who are struggling to make ends meet. But the compliances and procedures are lengthy and sometimes people at the receiving end struggle to gain the benefits.

The realization about the levels of Mother Nature being exploited takes a toll on my brain. If we are talking about the positives of the lockdown, it must be emphasized that Mother Nature is healing to a great extent at this time as the human intervention is almost nil at this point.

'Lockdown liberation' is an ironical term on the face of it but if we scrutinize it, this opens up a new dimension of realization. People are liberated to choose the things they wish to do and no pre-determined routine is binding on them. They are liberated to make a free choice in terms of improving themselves as much as they can.

If I talk about myself, I have started writing from the first day of lockdown itself. I write about relationships, life and travel which gives me a sense of happiness. Penning down all the best memories and storing it to reminisce it in the future gives me satisfaction.

All in all, it is a mandate to say that you choose to be happy or sad. Outside situations will always give your reasons to stay mad, sad or happy. You must train your mind on how you need to feel. It is always better to find the best in every given situation.

Payal Mendiratta
B.Ed. 2nd Year

MY REALIZATIONS DURING THE PANDEMIC



From the very beginning of the age of latest advancements in Science and creation of cutting edge Technology, humans have been living on the Cloud 9, depicting an image that humans have enough brain to rule the solar system and even beyond. The Revolutionary changes have been brought about by science in the fields of agriculture industry, medicine, surgery and warfare. Discoveries and inventions of science are being made at such a fast pace that it is difficult for the human beings to keep pace with them. The scientists of the modern age have ripped open the secrets of Nature one by one. Interestingly, on the other hand the nature one by one bombards the essence of its power and Supremacy over the so-called super capable human mind that believe they can win over everything. The widespread pandemic covid-19 is one such example of bombardments. The nature remains always ahead of the human capability as it can be clearly seen for the biosciences. Every time they find solution of one problem, thousands of new problems knock the doors of the human mind all by the nature. All the human power of thinking solutions goes away when the body is not healthy. The Unison and peace of mind and body are must for creation of the best out of human capabilities.

In this time, when the entire world is suffering from the outcomes of the pandemic covid-19 which is caused by a very many times small creature which requires a microscope for its visualization, many people have got realizations of the real status of human beings as a part of this vast universe. And the credit for this goes to the time people have got during the lockdown period.

The time has given students like me, the opportunities to introspect, inculcate and cultivate new ideas, thoughts about various dimensions of life. Personally I have always been a child that introspect time to time and it was not like a new thing for me that has specially happened in the lockdown phase.

But, has definitely offered me a longer time for self -realization, introspection and inculcation of new knowledge and to build my interest in other unexplored areas and my hobbies. No doubt this time of lockdown when everybody is at a standstill situation. Many people utilized the time well and stayed away from anxiety and depression by focusing on the leftover things that they dreamt of completing ,one day , in their free time fortunately the lockdown proved best for completion of such tasks. Like I dedicated my time in preparing MCQs for competitive examinations of radiography, watching the Oscar winning movies that I wished to watch many years ago, writing my own views and analysis of certain topics doing regular exercises like Zumba and meditation helped me stay motivated and healthy, I learned some skills of palmistry from old books and my father's Archives. I created jokes with my friend that stays in the same building. I tried to streamline my efforts towards my goals. I spent amazing time in helping my mother in the daily chores of the house. This time helped me to connect with my family more. And most importantly to connect to myself.

I realized that life is so uncertain so why not enjoy every second of it? No matter how problematic one's life can be, but the lockdown has taught me that ultimately, the thing that only matters is the 'Here and Now!' Whether you are a crawling worm or a big human being, when sun comes up in the morning it lights up everybody. Whoever opens his eyes, for him there's light to see.

The essence of nature / of life is all inclusive and that is the truth .You are sitting there reading this is absolutely all inclusive and you are in touch with Truth and the truest sense of life. I realized the truth is not in the words you speak but it is in the way you are in all your life.

Inclusiveness, togetherness and integrity of the all the optimistic ideas/thoughts/actions around the world will help us to come of this difficult situation with flying colors and we all will learn the lessons of Velour.

Tanishka Sharma
B.Ed. 2nd Year

CONTRIBUTION OF IVS IN EDUSPARK DIGITAL MAGAZINE OF GGSIPU



कोरोना ने सिखाया है

मन की दूरिया मिटाकर एकसाथ रहना
सिखाया है।

प्रेम भावना को जगाकर एकदूसरे की मदद
करना सिखाया है।

फास्ट फूड, फास्ट लाईफ को एक बार ठहराया
है।

आज वही पारंपरिक खेल लूडो, सांप सीढ़ी
फिर से लौट आया है।

कोरोना ने हमें जीना सिखाया है।

हाय, हेलो, वेस्टर्न लाईफस्टाइल को दूर
भगाया है।

विश्व आज फिर से नमस्ते कि रीत पर लौट
आया है।

भारतीय संस्कृति का आभास हर जन को
काराया है।

दौलत के नशे में चूर इंसान को परिवार का
महत्व समझाया है।

कोरोना ने हमें जीना सिखाया है।

सूखी पत्तियों को फिर से हराभरा बनाया है।
पक्षियों को आज़ाद घूमने का अवसर दिलाया
है।

सूखी नदियों में शुद्ध जल भर आया है।
वायु प्रदूषण को नष्ट करवाया है।
कोरोना ने हमें जीना सिखाया है।

बिना शोपिंग, बिना सजावट त्यौहार मनाना
सिखाया है।

स्टाइलिश कपड़े पहनने वालों को सादगी का
परिचय करवाया है।

बिना किसी कानून के आपराधिक कृत्यों को
रोककर दिखाया है।

एक बार फिर दौड़ते इंसान को पटरी पर लाया
है।

कोरोना ने हमें जीना सिखाया है।

Zainab Fatima
B.Ed.1st Year

THIS TOO SHALL PASS



In the middle of our busy lives
We wish the news we heard were all lies
World suffering and in pain
The miseries those were unseen before night

It left no one the powerful or unprivileged
Surrounding with isolation sickness and death
Now we have a huge mountain to climb
Climb we must, with hope in our eyes

The moment we start to share and care
The phase of hardship and anxiety won't be there
Think and rebuilt the broken and weak
Work on new choices and seek new dreams

Stay home, until the season passes
Put an end to this saving the masses
Help each other and be kind
Encourage the heroes in green and white

The moment we think it will break us
Show up the strength to fight within and outside
Soon weather will change and earth will heal
If we join hands to pray rather than to greet

These days may seem long
The time will come to sail along
Soon we will see flooded streets
People together celebrating victory

My words for the people in strain, have faith
This too shall pass for a better tomorrow again.

Monika Kumari
B.Ed. 1st Year



Nikita
B.Ed.1st Year



Hazra Khatun
B.Ed.1st Year



Hemlata
B.Ed.1st Year

LOCKDOWN GREAT REALIZATION AND LIBERATION

Some of us must stay at home
And not go out the door,
Some of us are working
Like we've never worked before.

Some of us are falling out
With siblings, Dads, and Mothers,
Some of us are reaching out
And looking after others.

Some of us are keeping busy
Doing lots of jobs,
Some of us have given up.....
We're turning into slob.

Some of us are playing games
And learning brand new hobbies,
Some of us are still 'no good'
And watching out for Bobbies.

Usha Kumari
B.Ed. 1st Year

Some of us have lots of friends
To text with and to phone,
Some of us have no one
And feel that we're alone.

Some of us feel positive
And think that we're in charge,
Some of us feel anxious
And fear the world at large.

Some of us have footpaths
To cycle, walk, and jog,
Some of us have nowhere nice
To even walk the dog.

None of us will ever know
What's really going on?
None of us will think the same
When all of this is done.

All of us can choose to spend
Our days in fear and dread.....BUT,
All of us can choose to plan
For better days ahead.

महामारी : बेहतर नज़रिया

हम इस जिन्दगी की अफरातफरी में खुद को खो चुके थे,
बस जिन्दगी को एक रेस समझकर जी चुके थे!
खुद को एक मामूली शक्स समझकर जिन्दगी बिता चुके थे,
इस टेक्नोलॉजी की दुनिया में ना जाने कितने वर्चुअल दोस्त बना चुके थे..
लेकिन एक असल दोस्त की कीमत ना जाने कहाँ गुम हो चुकी थी।
परिवार के साथ होकर भी साथ का एहसास ना था,
यारों के हजूम में भी किसी अपने की कमी थी!!

फिर आया एक नया मोड़ जिन्दगी का,
जिसने हर एक शक्स के जीने का तरीका ही बदल दिया!
वह था लॉकडाउन मुशकिलात का!!

लेकिन इस दौर ने मुझे वो सिखाया जो मैंने कभी सोचा ना था,
जिन्दगी क्या है यह समझ आया।

जो परिवार के साथ होकर भी साथ का एहसास ना था,
इस लॉकडाउन के सिलसिले में वो खोया परिवार का साथ पाया!!

माँ की जो मेहनत थी पूरे दिन में रसोई के साथ,
माँ के साथ हाथ बटाकर समझ आया।

पिता से शिकायतें थी हमारा दर्द ना समझने की,
पिता से बात करके वो शिकायत भी खत्म हुई।

इस अफरातफरी में खुद को खो दिया था,
इस लॉकडाउन से खुद का नया वुजूद पाया!

नयी कलाकारी जानी,
गाना गाया, खाना बनाया और बहुत कुछ किया..
असली जिन्दगी क्या होती है वो समझ आया।।

Sana Rabbani
B.Ed 1st Year

GREAT REALIZATION AND LOCKDOWN LIBERATION

Though this lockdown put a lock on whole world, everything experienced a comma or hiccup but there are two things which got a chance to open- one was heart and other was mind. In our busy schedule where we all were losing our true identity this lockdown gave us a chance to open up our minds, to follow our creative instincts, to pursue our hobby's which we were unable to do so. This lockdown gave us a chance to explore our hidden talents like painting, cooking, story writing etc. In today's scenario where everyone was forgetting true meaning of family, it made us all realize what family is. It provided us all an opportunity to just forget work and our busy life, sit together as a family. Lockdown just ripped off a shell that all had built around themselves but built a shell of LOVE, FAITH and HOPE around families. It also made everyone realize that mothers are true pillars of house, the amount of work she performs is nothing as compared to work done at offices, it gave a lesson that no work is small or big and most important lesson it taught is the "ART OF APPERCIATION".It taught us that we should appreciate everything around us, they all are "GIFT OF GOD", in just one click everything can come to end. Therefore, one stop taking things for granted and appreciate every small thing and being around yourself.

Chinmeya Choudhary
B.Ed. 1st Year

LOCKDOWN LIFE DUE TO COVID-19

If I talk about my lockdown experience. Which is totally getting worst day by day?

#waking up

Because I used to wake up at 10 am.

And now in lockdown I wake up at 8am due to classes schedule am this is totally different to my previous timetable.

#In study

Before lockdown I used to study rarely and now, I don't study

I just work on my site which is really giving me new kinds of idea and knowledge every day.

The majority of people have similar routing to follow in this lock-down which are reading novels, exercise & meditation, binge watch series or movie, sleeping, enhancing cooking skills, tagging or challenging each other on social media, learning new things daily. Who is working from home different routing from Monday to Friday stick on the laptop or phone, reporting to the manager and the most interesting routing of the people who is tik-toker or I can say, video creator, people who fall in these has only two issues what kind content I have to create and how to manage their data pack for the day so they can utilize it for the betterment of the video content. People have already found their way of enjoying this locked-down period. The only way to slow things down is to just stop interacting with other people. China, Italy, and Iran have learned the hard way. People have discovered them self as a responsible human who can help each other by maintaining a social distancing right now. Hoping that life will be going to be normal as it before this pandemic. So, stay home, stay safe and take care of each other. This is a great way to demonstrate your love towards humanity and nation.

I wasted my big part of time in PUBG at least 3 years and now finally I quit PUBG because it really sucks now. Because whenever I used to play get irritation and I don't talk to much to my family members. That game was really ruining my career so I think that was a great decision that i took.

Now I feel very happy and totally focusing on my life.

Ajay Saroha
D.El.Ed. 1st Year

.....ये वक़्त भी गुज़र जाएगा

बस थाम लो अपने कदम थोड़े दिन घरों में,
नई उम्मीदों की किरण के साथ एक नया
सूरज फिर लौटकर आएगा..।

जीलो ये लम्हे अपने परिवार के साथ, नए
भारत में नई रोशनी आने के बाद यूँ घर पर
कोई नहीं बिठाएगा..।

लग जाएगी फिर से वही दौड़, और ये वक़्त तो
बस यूँ ही गुज़रता चला जाएगा..।

नाप लेने दो ऊंचाइयां इन परिंदों को भी खुले
आसमान में, खिलने दो इनकी चह-चाहट से
फिर से फूलों को बागानों में..।

जो शायद भूल गए थे जीना इस दौड़ते वक़्त
और भागते लोगों की भीड़ में, उन्हें भी इस
वक़्त के कुछ दिन दे दो बिना किसी सवाल
के..।

क्योंकि ये वक़्त है साहब किसी के रोकते नहीं
रुक जाएगा, बस ये तो यूँ ही आगे बढ़ता चला
जाएगा, बढ़ता चला जाएगा..।

इस वक़्त में कुछ दुआंकर लो अपने रब से
उनके लिए जिनके दिल पर ये बिजली बरसी
हैं, और उनके लिए जो लगे हुए हैं परिवार को
छोड़कर आपकी सेवा में ..।

उनके लिए भी जो अब तक समझ नहीं पा
रहे हैं इस वक़्त की कीमत को, और लांग रहे
हैं घर की दहलीज़ों को..।

इस वक़्त में हो सके तो उनकी भी मदद
करले ना, जो इस हालात में आपकी नज़र में
भूखे हो..।

क्योंकि ये वक़्त है साहब किसी के रोकते नहीं
रुक जाएगा, बस ये तो यूँ ही आगे बढ़ता चला
जाएगा, बढ़ता चला जाएगा..।

फबी चौधरी
डी.एल.एड.-प्रथम वर्ष

EXPECTANCY OF BETTERMENT

Realized after several years,
How far we omitted self-love from our
lives.

But this fear also persecuted,
What if we would incarcerate in
ourselves.

It hurts to a great extent,
Numerous people have lost their
precious lives.

And it gives multiple happiness,
When someone gets cured and
returns to his family.

For a moment, it seemed,
Only books and art are prime aspect
of our soul.

But this was also realized,
Pleasant promenade is imperative for
our entity.

When examined the surroundings,
Pollution and harm have disappeared
from the world.

But the hearts felt strange,
To see lonely streets with restricted
covered people.

Most meaningful things I learned,
To share love, to forgive, to be
patient, to be happy.

Indeed, life is unpredictable,
It will cost nothing to be polite to one
another.

TabbasumKhatoon
D.el.ed 1st year

कब खत्म होगा ये काउंटडाउन।
जो लेकर आया है कोरोना लोकडाउन।

मौसम हुआ है कितना सुहाना।
फिर भी क्यों लोगों को मिला है परेशानी का
बहाना।

पहले कहाँ हो पाता था समय अपनों के संग
बिताना।
अब लोगो को मिला है तो सहज नहीं हो पा
रहा इसे अपनाना।

बीमारी ऐसा जिस कारण लाखो लोग जान से
जा रहे।
कई अपने घर छोड़ने को हो रहे मजबूर, तो
कई सबकुछ गवा रहे।

औरत पे क्या होता था पहले कम अत्याचार।
जो आज दिन रात बन्द घर में काम कर रोष
सह हो रही और बीमार।

महामारी क्या कम थी जान लेने के लिए
जो इस दौरान भुखमरी ने भी अपने असर
दिखा दिए।

इस समय में भी लोगों ने नहीं है हार मानी।
इस समय में है उन्होंने अपने अंदर की
प्रतिभा जानी।

अंत मे कहूँगा अपने सूझबूझ से है कोरोना को
हराना।
इंसान के साथ जानवरों को भी है मिलके
बचाना।

मेघा राठोड़
डी. एल.एड (द्वितीय वर्ष)

जारी रखो तलाश दूँदो मिलेगा।

जारी रखो तलाश दूँदो ना मिलेगा।
कोई ऐतराज नहीं ,भले
समय कितना भी लगेगा।

समस्याओं के पनपने से पहले
समाधान भी आ जाता है।
वो भी मिला था ,ये भी मिलेगा।

जारी रखो तलाश,दूँदो ना मिलेगा।
बीमारी मिली है इलाज भी मिलेगा।

सर्प दिखा है, सर्प विद्ध ,बाज भी मिलेगा।
जारी रखो तलाश दूँदो ना मिलेगा।

नहीं मिलता तो एक
बार नहीं सौ बार देखो।
सोचो कोसनेसे कहाँ कुछ होता है
आएंगी मछली भी तुम जाल तो फेको।

जारी रखो तलाश दूँदो ना मिलेगा।

धीर्य रख विश्वासरख होगा
अवश्य जारी तलाश रख।

तीर खा मूर्छित है लक्ष्मण बस
चलते रहना है हनुमान को मिला तुम्हें भी
मिलेगा।

यही सत्य है संजीवनी बूटी के साथ
उत्साह और आत्मविश्वास भी मिलेगा।
जारी रखो तलाश दूँदो ना मिलेगा।

अंधकार है तो प्रकाश भी मिलेगा।
जिंदगी में खुशी का फिरसे विश्वासभी
मिलेगा।।

किरणज्योत कौर
डी. एल. एड.-द्वितीयवर्ष

WE WILL GET OUT OF THIS CORONAVIRUS STORM

Hugs will be a little more warm,
When we'll get out of this coronavirus storm!
Without any fear we'll cross all the roads,
And with full enthusiasm we'll complete all our loads!
Yes! We'll cross this extreme big wall!
Soon we'll silence this coronavirus call!
We'll love each other a little bit more!
Shaking hands with each other will not be a topic to think anymore!
We'll love to be within our old college walls, And for sure visit all the nearby malls!
Social distancing will no more seek attention,
And closeness will bring us happiness in repetition!
Street food corners will be again the place where friends meet,
Without any hesitation we'll dance on high beats!
Beauty of the gardens will again give us satisfaction,
And we'll once again repeat all our senses of fashion!
We'll be able to visit the hills once again,
And will again mock our friends by saying that will u please stop eating my brain!
Soon all this silence on the roads will break!
The sounds of horn will be whap the cars make!
Mother's will again take their children for a walk!
Dancers will again try to cover the stage with their beautiful moonwalk!
Camera's will again capture the beauty of the monuments!
The poor will again earn their livelihood with their works of cement!

Mahima Dubey
D.El.Ed. 2nd Year



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