

Institute of Vocational Studies

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Best Practices 2022-23

Although many good practices are followed by Institution but few of them are remarkable. Such two best practices are:

Title of Best Practice (1): Environmental Preservation

The Context: In the presents scenario where we are progressing in the field of science and technology we are unknowingly exploiting the nature and ruining the environment. Excessive use of chemicals, vehicles and omission of harmful gases are badly affecting our environment. Hence, it is necessary to preserve our natural environment and conserving it for future generation.

Institute of Vocational Studies took a lead and made various efforts in this regard such as spreading awareness among society through rallies, campaigns, organization of activities within the college premises etc. which proved to be highly fruitful.

Objective of the Practice:

- Spreading awareness among future teachers and common society towards environmental degradation.
- Making the people sensitized with environmental conservation and its need for upcoming generation and their survival
- Adopting such practices which are environment friendly and enabling to conserve it in future.

The Practice: Realizing the significance of healthy environment, IVS adopted such practices and organized such activities which encourage environmental conservation and help in spreading awareness among all and sensitize the people to not to harm the environment.

Assuming the same, college took following initiatives in similar direction:

- Organization of Tree Plantation Drive (05th July, 2022)
- Visit to Okhla Bird Sanctuary (22nd July, 2023).
- E- Waste Management Drive (January, 2023).
- Celebration of International Ozone Day (16th September, 2022).
- Organization of "Say No to Cracker- Cracker Free Diwali" (19th October, 2022).

Evidence of Success: With an aim of spreading awareness and enabling future generation with preserving environment, the college has taken various initiatives which remained highly successful. The students could realize the harmful effects of using plastic and chemical based products. They also planted different medicinal and indoor plants to clean the environment. They also adopted the practice of using the water intelligently and ways of keeping the water sources clean. Same ways, they also sensitized their family members and neighbors in this regard. With the help of such practices and efforts, students and staff members could develop a strong and positive attitude towards environmental conservation and successfully imbibed such behaviours which were environmental friendly.

Resources Required: The conservation of environment requires love for nature and concern towards environment. For developing such attitude, visits to Yamuna bank and Satpula lake were planned and cleanliness campaigns were run under

supervision of Principal, IVS and Eco Club & NSS Program Officer, IVS along with other staff and students.

Challenges:

• Coordinating with different institution of environmental importance.

Outcome:

- Development of positive attitude towards environment and its conservation.
- Development of courage to stand firm for environmental conservation.
- Adoption of such healthy and awakening strategies which are helpful in conserving environment and resources available.
- Notable performance and achievement by students.

Title of Best Practice (2): Clean and Healthy Living

The Context: Cleanliness is godliness. Habit of living and keeping our surrounding clean automatically make an individual healthy from body, mind and soul. In the present context where we are living in swiftly running society and remain dependent on packed food items and other things, environmental cleanliness and healthy practices are ignored. Quantity of household garbage is increasing day by day and it disposing such garbage becomes a challenge before government and authorities. Hence, our college adopted such sensitizing practices which make future teachers aware of keeping the society clean.

Objective of the Practice:

- 1. To develop an understanding towards cleanliness and healthy living practices.
- 2. To spread awareness towards cleanliness of Yamuna river in accordance of Delhi government.

- 3. To motivate the students and staff members to keep their belongings and surrounding clean.
- 4. To enable the IVS society to adopt and practice cleanliness habits and behaviours.
- 5. To support the nation and society in making Delhi a clean and green city.

The Practice: Institute of Vocational Studies played a leading college in keeping the surrounding clean by spreading awareness and actively participating in cleanliness drive run for Yamuna Cleanliness Campaign and supporting the efforts of government and University through its Eco club. In this context, our college initiated following campaigns and ventures:

- Organization of Clean India 2.0 Drive (18th November, 2022 & 20th November, 2022) near Satpula lake, Delhi.
- Organization of Clean Campus Drive (16th August, 2022).
- Organization of Harit- Spandan with a theme 'Go Green, Live Green' (28th February, 2023).
- Yamuna Cleanliness Campaign (05th April, 2023).

Evidence of Success: Engagement of students in cleanliness drives at Satpula lake and Yamuna bank sensitized them with the significance of keeping air and water clean as natural resources. Celebration of Harit- Spandan enabled the students to perceive a picture of clean India and Delhi as a green city and they could adopt behavior of living and keeping the surrounding clean for a healthy lifestyle.

Resources Required: The focus of the institution was to spread awareness about cleanliness and developing such skills nd habits which enable them to live healthy through cleanliness. For this purpose, permission from colleg authorities were obtained to make a visit and running cleanliness campaign at Satpula lake, Yamuna

and college campus. Regarding organization of Harit- Spandan other colleges were also invited and permission necessary arrangements were made inside the college.

Challenges:

- Coordinating with different colleges and educational institution.
- Obtaining permission from concerned authorities for running cleanliness campaign in local community.

Outcome: Students and teachers could actively participated in cleanliness campaign and drives

- Student and teachers developed and understanding about environmental cleanliness and natural resources conservation.
- Students enthusiastically connected with other institutes though Harit-Spandan.
- Students developed creative and innovative skill and values like Cleanliness is Godliness.